Get fitter and healthier with Martin ... www.yourHealthHabitCoach.com

Personal Training - Nutrition & Health Coaching - Fitness & Exercise Classes since 2002 in South Dublin

€10 Voucher

use it towards
Classes, Personal Training
or Nutrition Coaching
with Martin
(valid until Wed 14th December 2016)



Find a full Class-Timetable at www.yourhealthhabitcoach.com

Take three simple steps to get €10 off:

- ✓ **Step 1:** Print this Voucher-page and ⑤ fill in your details.
- ✓ **Step 2:** Contact ® Martin to pre-book your class or session.
- ✓ Step 3: Bring the Voucher-page along to your first class.

Please

contact me

086-1736720, www.yourhealthhabitcoach.com/contact-us ideally one or two days before you plan to come along, so I can check availability as places are limited.

Name:
Class or Session interested (date, day, time):
Mobile No.:
Landline No.:

Terms & Conditions apply:

- 1. Voucher expires Thursday 15th December 2016
- 2. Just once available per person
- 3. Can be used towards the cost of
- 3.1 a Exercise or Pilates Class 3.2. a Personal Training Session 3.3. A Nutrition Coaching Session